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The role of compliance in workplace mental health

by Gerry Zack

For inspiration in writing this month's column, I looked no further than my own colleague, Adam Turteltaub, SCCE & HCCA's chief engagement and strategy officer, who wrote a piece for the Society of Corporate Compliance and Ethics' blog about new guidance on workplace mental health and well-being issued by the U.S. Surgeon General. I'd like to drill down on a couple of the Surgeon General's points that have relevance for compliance professionals.

The guidance describes five essential elements for workplace mental health and well-being:^[1]

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