

CEP Magazine – April 2022 Taking the first step

By Matthew Silverman

Matthew Silverman (matthew.silverman@viavisolutions.com) is the Global Trade Director & Senior Counsel at VIAVI Solutions in Chandler, Arizona, USA.

I just turned 40. When you turn 40, you do the obligatory life check: What have I done; what do I have left to do? It's often easier to dwell on the personal and professional goals yet to be achieved, rather than acknowledging the accomplishments and victories (big or small) that brought you to the present day.

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Silverman**