When uncertainty strikes, strike back

By Kristy Grant-Hart

Kristy Grant-Hart (kristygh@sparkcompliance.com) is the Managing Director of Spark Compliance Consulting in London, and author of the book, How to be a Wildly Effective Compliance Officer.

Uncertainty is part of all of our lives. It has been said that uncertainty should be welcomed, because it is only from uncertainty that new experiences and growth occur. But in the real world, most of us view uncertainty with fear and loathing.

Although uncertainty can be uncomfortable, it can also be managed. Why not try these tactics?