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## 42 C.F.R. § 410.49

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### Cardiac rehabilitation program and intensive cardiac rehabilitation program: Conditions of coverage.

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(a) *Definitions.* As used in this section:

*Cardiac rehabilitation (CR)* means a physician or nonphysician practitioner supervised program that furnishes physician prescribed exercise, cardiac risk factor modification, psychosocial assessment, and outcomes assessment.

*Individualized treatment plan* means a written plan tailored to each individual patient that includes all of the following:

- (i) A description of the individual's diagnosis.
- (ii) The type, amount, frequency, and duration of the items and services furnished under the plan.
- (iii) The goals set for the individual under the plan.

*Intensive cardiac rehabilitation (ICR) program* means a physician or nonphysician practitioner supervised program that furnishes cardiac rehabilitation and has shown, in peer-reviewed published research, that it improves patients' cardiovascular disease through specific outcome measurements described in paragraph (c) of this section.

*Intensive cardiac rehabilitation site* means a hospital outpatient setting or physician's office that is providing intensive cardiac rehabilitation utilizing an approved ICR program.

*Medical director* means the physician who oversees the cardiac rehabilitation or intensive cardiac rehabilitation program at a particular site.

*Nonphysician practitioner* means a physician assistant, nurse practitioner, or clinical nurse specialist as those terms are defined in section 1861(aa)(5)(A) of the Act.

*Outcomes assessment* means an evaluation of progress as it relates to the individual's rehabilitation which includes all of the following:

- (i) Evaluations, based on patient-centered outcomes, which must be measured by the physician or program staff at the beginning and end of the program. Evaluations measured by program staff must be considered by the physician in developing and/or reviewing individualized treatment plans.

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