
29 C.F.R. § 2200.4

Computing time.

(a) *Computation.* The following rules apply in computing any time period specified in these rules or by any order that does not specify a method of computing time.

(1) *Period stated in days or longer unit.* When the period is stated in days or a longer unit of time:

(i) Exclude the day of the event that triggers the period;

(ii) Count every day, including intermediate Saturdays, Sundays, and Federal holidays; and

(iii) Include the last day of the period, but if the last day is a Saturday, Sunday, or Federal holiday, the period continues to run until the end of the next day that is not a Saturday, Sunday, or Federal holiday.

(2) *Period stated in working days.* When the period is stated in working days, count every day except intermediate Saturdays, Sundays, and Federal holidays.

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