

## 29 C.F.R. § 1614.201

---

### Age Discrimination in Employment Act.

---

- (a) As an alternative to filing a complaint under this part, an aggrieved individual may file a civil action in a United States district court under the ADEA against the head of an alleged discriminating agency after giving the Commission not less than 30 days' notice of the intent to file such an action. Such notice must be filed in writing with EEOC, at P.O. Box 77960, Washington, DC 20013, or by personal delivery or facsimile within 180 days of the occurrence of the alleged unlawful practice.

This document is only available to subscribers. Please [log in](#) or [purchase access](#).

[Purchase Login](#)